

Easter Newsletter

Welcome to our Easter Newsletter where we will be letting you know what events are available to young carers and parents over the coming months and how to contact us for support.

Return to School

Many children will now have returned to school and we hope that this has been a positive experience for your child. With so much change and uncertainty over the previous months the transition back to school full time may have prompted a mixture of emotions. If a young carer is struggling with the transition back to school and you are concerned we encourage you to speak to us, you can always email at lives@carersresource.org The Mental Health Foundation have also provided guidance for parents, you can view this [here](#)

Young Carers Action Day 2021

This year Young Carers Action Day is being held on Tuesday 16th March 2021. This is an annual event to highlight the issues and experiences of young carers. Further information can be found on our website at www.youngcarersresource.org or [click here](#) for information provided by the Carers' Trust.

To help raise awareness a video has been produced highlighting views of young carers. To view the film on Youtube [click here](#)

Events for Parent Carers

As well as offering a service to young carers aged 7-18 the Carers' Resource also supports parents who care for children with additional needs throughout Craven, Harrogate and Bradford districts.

Whether you are a parent new to Carers' Resource or are already registered with us, if you would like to participate in any events please let us know. There is a 'private group' Parent Carer Facebook page for each location and in Craven there are upcoming virtual sessions where you can join Natalie Baxter (Locality Worker for Parent Carers, Craven and Harrogate) to ask her any questions and meet other parents. For dates/times please join the Facebook group (<https://www.facebook.com/groups/572692976091167> or type "Craven Parent Carers" into Facebook search) or contact Natalie on 07801 577196, email: nbaxter@carersresource.org

Session	Date	Time	To book contact
Parent carer groups	Various		Natalie Baxter nbaxter@carersresource.org
PIP webinar	14 th April	1-2.30pm	nbaxter@carersresource.org

Easter Activities

With restrictions still in place we have planned the events with this in mind.

Monday 29th March 2021 – 10am 'Alchemystry' Online Escape Room

Suitable from ages 8+, all ages welcome. FREE Event

Story:

"You have a once in a lifetime opportunity! Famed scientist & alchemist Professor Guten Tag is looking for a new apprentice. There is always a catch though! First, you must solve his range of challenges set out for you, testing your English, maths, science, geography and music skills. Solve them all and get the job!"

To register an interest in this activity please email lives@carersresource.org (by Mon 22nd March)

Monday 5th April – Origami with Jo

All ages welcome. Join Joanna Gregory for an online group session learning how to make your own origami creations! To register an interest in this please email jgregory@carersresource.org

Ways we can help

The past year has been hard for young carers and we are keen to support them to thrive and achieve their personal goals. One way we can do this is to help them access activities by finding funding streams to support their needs. This could be one-off grant applications for a whole range of activities and might include: sports kit, club subscriptions, music or extra-curricular lessons and activities, driving lessons, transport costs etc etc. If there is something that your child would like to access but household finances can't provide for then please let us know and we can look out for suitable funding. Small funding streams often come available at short notice and for limited periods so we always encourage you to contact us.

Other ways we can help is:

- ✓ Regular video/telephone call support to young carers and parents
- ✓ Liaising with schools
- ✓ Researching grant applications.
- ✓ Providing proof of caring letters and/or carer cards
- ✓ Signposting to other services